

Psalm 103

David's Petition to the Adopted on Earth: "Praise the Lord!" (103:1-19) [Preach the Gospel to yourself.] As members of God's adopted family, we must never forget two all-important facts:¹

I. Reflect on Who and what God is (10:1-13, 17-19)

A. He is infinite in His attributes (qualities) (103:6-8; 17-19)

1. He is righteous and just (103:6-7): "He revealed his character to Moses and his deeds to the people of Israel."
2. He is merciful and gracious (103:8): "He is slow to get angry and full of unfailing love."
3. He is loving, eternal, and faithful (103:17-18): "His salvation extends to the children's children of those who are faithful to his covenant."
4. He is sovereign (103:19): He rules over everything from his throne in heaven.

Illustration: Participating in the Experiencing God Bible Study by Henry and Richard Blackaby

- Names, Titles, and Descriptions of God on pages 268-269
 - Father, Son, and Holy Spirit

B. He is abundant in His actions (103:1-5, 8-13)

1. He forgives sin (103:1-3, 8-12): Sin is removed from us as far as the east is from the west.
2. He heals diseases (103:3).
3. He protects from death (103:4)
4. He satisfies (103:4-5): He surrounds us with love, tender mercies, and good things.
5. He gives strength (103:5): Our youth is renewed like the eagle's.
6. He functions as a loving father (103:13): The Lord is tender and compassionate.

II. Remember Who and what we are (103:14-16)

- A. We are dust, soon to return to dust (103:14-15): He knows how weak we are.
- B. We are like wildflowers, soon to wither and die (103:15-16)

¹ The outline adapted from *The Outline Bible* by Harold L. Willmington

III. Rejoice in who and what the angels are (103:20-22)

- A. Beings who praise Him through careful obedience (103:20)
- B. Beings who worship Him through joyful service (103:21)
- C. Beings who honor Him through total devotion (103:22)

Application:

- **Embrace your limitations. (14-16)**
 - Read Ecclesiastes
 - Figure out the real purpose of life (John 17:3 – “And this is life eternal, that they might know you the only true God, and Jesus Christ, whom you have sent.”)
- **Take lessons from the angels. (20-22)**
 - Praise Him through careful obedience. (20)
 - Worship Him through joyful service. (21)
 - Honor Him through total devotion. (22)
- **Preach the Gospel to yourself daily. (1, 2, 22)**

Milton Vincent in “A Gospel Primer” defines the gospel: (*god, good + spel, news*) good news of salvation for hell-deserving sinners through the Person and work of Jesus Christ.

Introduction

Part 1 – Reasons to Rehearse the Gospel Daily

- My daily need, the power of God, my daily protection, transformed by glory, a cure for distrust, sufficiency in the gospel, freedom from sin’s power, resting in the Christ’s righteousness, enslaved by Christ’s righteousness, loving my brothers and sisters, my inheritance in the saints, stimulated to love others, a heart for the lost, cultivating humility, obedience borne of love, liberation from self-love, and perspective in trials...

Part 2 – A Gospel Narrative – Prose Verse

Part 3 – A Gospel Narrative – Poetic Version

Part 4 – Surprised by the Gospel

“The gospel isn’t one class among many that you’ll attend during your life as a Christian – the gospel is the whole building that all the classes take place in! Rightly approached, all the topics you’ll study and focus on as a believer will be offered to you ‘within the walls’ of the glorious gospel.” – C.J. Mahaney, *The Cross Centered Life*, 75-76.

- Gospel Meditations for Prayer
- Gospel Meditations for Missions
- Gospel Meditations for Men
- Gospel Meditations for Women
- Gospel Meditations for the Hurting
 - www.churchworksmedia.com

The Gospel Prayer by J.D. Greear:

“In Christ, there is nothing I can do that would make You love me more, and nothing I have done that makes You love me less.”

“Your presence and approval are all I need for everlasting joy.”

“As You have been to me, so I will be to others.”

“As I pray, I’ll measure Your compassion by the cross and Your power by the resurrection.”