

The Power of the Resurrection: **A Window into the Mind of Christ** from Psalm 22

We are now only one month away from Easter (Resurrection) Sunday! In preparation for the most significant Sunday of the year, I have decided to preach from several of the Messianic Psalms! In addition, we have invited Dr. Doug Bookman to come on April 14, 2019 (the Sunday before Easter) to preach on the Life and ministry of Christ with a special emphasis on the Passion Week. He will speak 4 times that day (2 in the morning and 2 in the afternoon). We will culminate our worship with one combined service on Easter Sunday that will include an extended time of worship through song and a sermon about the glories of the resurrection.

Sunday, March 24 – Psalm 22 (Crucifixion: Making the Connection to Christ)

Sunday, March 31 – Psalm 40 (Garden of Gethsemane: Understanding the Submission of Christ)

Sunday, April 7 – Psalm 41 (Reflecting on the Rejection of Christ)

Sunday, April 14 – Dr. Doug Bookman

Sunday, April 21 – Psalm 16 (Rejoicing in the Resurrection of Christ)

On March 24, 2015 (exactly 4 years ago today), Andreas Lubitz, the co-pilot of the Germanwings Airbus A320 deliberately crashed the plane that killed himself and 149 others aboard in the French Alps.

- Germanwings said the plane reached its cruising altitude of 38,000 feet, and then dropped for about eight minutes.
- The plane lost contact with French radar at a height of about 6,000 feet. Then it crashed.
- The 144 passengers and six crew members came from [18 countries](#). About half were from Germany, and 35 were from Spain.

The crash came as a great shock to the international community. The number one priority was finding the second “black box” recorder to get some idea what was going on in the head of Mr. Lubitz. As it turns out, the recording was recovered but it didn’t offer much help.

The New York Times reported that [Andreas Lubitz](#) was breathing, steady and calm, in the final moments of Germanwings Flight 9525. It was the only sound from within the cockpit that the voice recorder detected as Mr. Lubitz, the co-pilot, sent the plane into its descent. [*so reports theNew York Times, March 26. 2015*]

WHAT WAS GOING ON IN THE MIND OF ANDREAS LUBITZ?

For example, consider reflecting on the 7 statements made by Jesus while on the cross:

Statement 1: "Father, forgive them, for they do not know what they are doing" (see [Luke 23:34](#)).

Statement 2: "I tell you the truth, today you will be with me in paradise" (see [Luke 23:39-43](#)).

Statement 3: "He said to his mother, 'Dear woman, here is your son,' and to the disciple, 'Here is your mother'" (see [John 19:26-27](#)).

Statement 4: "My God, My God, why have you forsaken me?" (see [Matthew 27:45-50](#)).

Statement 5: "I thirst" (see [John 19:28-29](#)).

Statement 6: "It is finished" (see [John 19:28-30](#)).

Statement 7: "Father, into your hands I commit my spirit" (see [Luke 23:44-49](#)).

Outside of the 7 statements made by Christ, does the Scripture give us any indication of what Christ was thinking when He suffered the violent treatment Dr. Talbert reminded us about yesterday from Isaiah 52-53.

The CONNECTION to King David

A PSALM OF DAVID – (To the chief musician upon Ajeleth Shahar... To the Choirmaster: According to the Doe of the Dawn – a musical notation)

David felt forsaken to the point of death. This is considered a psalm of lament. He lamented his tremendous suffering and his desperate struggle with death, pleading with God to deliver him from such a horrible end.

- **3 Prayers**
 - Vs. 1, 11, & 19 – all three prayers related to the feeling of isolation
- **2 Praises**
 - Vs. 22, 27 – both responses produce worship experienced in community
- **Turning Point**
 - Vs. 21b “You have rescued (**answered**) me from the horns of the wild oxen (**enemies** – bulls [vs. 12-13], lions [vs. 13] and dogs [vs. 16].”
 - Notice the change in tone following vs. 21 (22 – I will praise you; 23 - glorify him; 24 – he heard when he cried to him; 25 – from you comes my praise in the great congregation; 26 – the afflicted shall eat and be satisfied; 27 – all the ends of the earth shall remember... all the families of the nations shall worship before you; 29 – all the prosperous of the earth eat and worship; 30-31 – service and proclamation)

The CONNECTION to King Jesus

No known incident in the life of David fits the details of this psalm. The expression describes an execution, not an illness; yet the execution is more appropriate to Jesus' crucifixion than David's experience. The NT contains 15 messianic quotations of or allusions to this psalm, leading some in the early church to label it "the fifth gospel." [John MacArthur Study Bible]

The Gospel writers also saw connections between some of the words in this psalm (vs. 1, 8, 16, 18) and other events in Christ's Passion. Also Hebrews 2:12 quotes Psalm 22:22. **[One Commentary Said]** Thus the church has understood this psalm to be typological of the death of Jesus Christ. This means that David used many poetical expressions to portray his immense sufferings, but these poetic words became literally true of the suffering of Jesus Christ at His enemies' hands.

The interesting feature of this psalm is that it does not include one word of confession of sin, and no imprecation against enemies. It is primarily the account of a righteous man who was being put to death by wicked men. [Bible Knowledge Commentary]

- Psalm 22-24 – Songs of the Shepherd
 - Psalm 22 – The Good Shepherd dying for the sheep (John 10:11)
 - Psalm 23 – The Great Shepherd caring for the sheep (Heb. 13:20-21)
 - Psalm 24 – The Chief Shepherd coming for the sheep (I Peter 5:4)

Acts 2:29-31

²⁹Men and brethren, let me freely speak unto you of the patriarch David, that he is both dead and buried, and his sepulchre is with us unto this day. ³⁰Therefore being a prophet, and knowing that God had sworn with an oath to him, that of the fruit of his loins, according to the flesh, he would raise up Christ to sit on his throne; ³¹He seeing this before spake of the resurrection of Christ, that his soul was not left in hell, neither his flesh did see corruption.

Philippians 2:1-8

Hebrews 4:15

For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.

Jesus understands rejection. (1-10)

• He wrestled with loneliness and rejection. (Psalm 22:1-5)

- Vs. 1 -- Forsaken = to leave behind; let go; to desert
 - Forsaken by God!
 - Roaring or Groaning = either verbalized externally [in the Garden] or experienced internally [on the Cross]

- Vs. 2 – cry – to call, to shout, to proclaim
 - In the daytime and night season (prophetic description of the 3 hour period of darkness from the 6th hour to the 9th hour while Christ was on the cross)

Matthew 27:46 & Mark 14:34

⁴⁶And about the ninth hour Jesus cried with a loud voice, saying, Eli, Eli, lama sabachthani? that is to say, My God, my God, why hast thou forsaken me?

Illustration of my feelings of loneliness during the second semester of my sophomore year...

- Vs. 3-5 = He reflected on the character of God (who God is = “thou art holy”) and the conduct of God (what God has done = O thou that inhabitest the praises of Israel... verses 4-5)

• He endured mockery and slandered. (Psalm 22:6-10)

- Vs. 6 – but I am a worm and no man (not a man)
 - The Hebrew word is *TOLA-AT* –literally a scarlet worm. This same word refers to the worm from which the Israelites of that day obtained their red dyes and is usually translated “crimson” or “scarlet.” The female worm of this species, when laying her eggs, affixes her body to a wood surface on which she will die after the young are born. The wood, her body, and the young are reddened with the death of the life-giving mother. In a similar image the Lord Jesus made “peace through the blood of the cross” (Col. 1:20).
 - A reproach (scorned) of men
 - Despised of the people – thought lightly of; contemptible (Isaiah 53:3 – He was despised and rejected by men; a man of sorrow, and acquainted with grief...)
- VS. 7-8 – they laugh me to scorn; shoot their lip, they shake their head saying...

Matthew 27:42-43

⁴²He saved others; himself he cannot save. If he be the King of Israel, let him now come down from the cross, and we will believe him.

⁴³He trusted in God; let him deliver him now, if he will have him: for he said, I am the Son of God.

- **VS. 9-10 – Jesus rested in God’s sovereignty. YOU CAME UP WITH THIS PLAN. I SIMPLY FOLLOWED YOU IN SUBMISSION. (Phil. 2)**

Jesus understands rejection. (1-10)

Jesus knows about oppression. (11-18)

• **He was afflicted spiritually (vs. 12-13)**

- Many bulls of Bashan have beset me round about... (Amos 4:1)
- They gaped upon me with their mouths, as a ravening and a roaring lion.
 - The picture is of an assembly of wicked spirits of darkness, gleefully prancing about the cross—Satan the roaring lion (I Peter 5:8), mighty bulls, dogs and unicorns (22:12, 16, 21). These references could mean demon controlled men. NEVERTHELESS, “having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it” there at “his cross” (Col. 2:14-15)
 - *I Peter 3; Eph. 4?*

• **He was afflicted physically (vs. 14-18)**

- **Describing a form of execution invented by the Persians some 400+ years later... THEREFORE, UNKNOWN TO DAVID. (another sign of divine inspiration)**

Jesus understands rejection. (1-10)

Jesus knows about oppression. (11-18)

Jesus can relate with the feeling of desperation. (19-21)

- **But be not far from me, O LORD: O my strength, haste to help me**
 - **NOT IN HIS DEITY BUT IN HIS HUMANITY**, Jesus knows what it is like to long for suffering to come to an end while **CLINGING TO THE STRENGTH THAT JEHOVAH PROVIDES.**
 - Haste – to hurry, go quickly, swoop down

Illustration of running out of local anesthesia when 6 stitches before the doctor was done sowing me up...

- Deliver my soul from the sword
- My darling or my precious life (translated from Hebrew to Greek as *monogenes*, same word translated only begotten in John 3:16)
- Save me from the lion’s mouth... and from the horns of the unicorns (the wild oxen)
 - At the very climax and completion of His sufferings, as He was about to be impaled on the mighty horns of the wild oxen and swallowed by the ravening lion, the Father finally heard His cry, and delivered Him

Turn to Matthew 27:32; Mark 15:21; Luke 23:26; John 19:23

- ***Jesus understands rejection. (1-10)***
- ***Jesus knows about oppression. (11-18)***
- ***Jesus can relate with the feeling of desperation. (19-21)***

Conclusion:

Before Mr. Lubitz, 27, a German citizen, set the plane on its 10-minute descent about half an hour into the flight from Barcelona, Spain, to Düsseldorf, Germany, the cockpit voice recorder picked up only the usual pilot banter, “courteous” and “cheerful” exchanges, the prosecutor said.

Investigators do not know exactly what happened or why Mr. Lubitz might have intentionally crashed the aircraft. But the flight recording shows the plane’s last moments stretching into an eternity of mounting frustration and panic as the pilot, returning minutes later, is unable to re-enter the cabin.

“You can hear the commanding pilot ask for access to the cockpit several times,” the prosecutor said. “He identifies himself, but the co-pilot does not provide any answer.”

The sounds coming from outside the cockpit door on Tuesday were something else altogether: knocking and pleading from the commanding pilot that he be let in, then violent pounding on the door and finally passengers’ screams moments before the plane, carrying 150 people, slammed into a mountainside in the French Alps.

The sound of Mr. Lubitz’s breathing indicated that he was conscious to the end, Brice Robin, the public prosecutor, said at a news conference. It appeared that Mr. Lubitz intended “to destroy the aircraft,” he said. (NOW WE KNOW HE STRUGGLE WITH DEPRESSION)

THE TURNING POINT IN PSALM 22 –

²¹ Save me from the mouth of the lion! You have rescued me from the horns of the wild oxen!

The resurrection overcame rejection, oppression, and desperation. (21b-31)

- **Jesus Understands Rejection**
 - **God heard my cry! (21b)**
- **Jesus knows about Oppression**
 - **All nations will worship Him! (22-25; 27-31)**
- **Jesus can relate with the feeling of Desperation**
 - **I will experience eternal satisfaction! (26)**

Application: BECAUSE OF THE POWER OF THE RESURRECTION...

- When you feel all alone, oppressed, or desperate for God to act...
 - Remember the resurrection.
 - Cry out to God in prayer!